

2009 Sunset Ridge Sports Camp Information

Clothing

All campers should come dressed in clothing appropriate for his/her camp. In all cases, closed-toe shoes or sneakers need to be worn; **no sandals or flip flops, please**. For safety reasons, campers may be prevented from participating in camp activities if they are wearing open-toed shoes.

Equipment

Campers need to furnish the following equipment. Please be sure to label all pieces of equipment individually. Also, we ask that you keep tennis racquet covers & golf club covers & bags at home as we have limited storage space and generally, they are items that get left behind.

Bathing suit & towel (please no huge beach towels)

Tennis racquet

3 golf clubs (a putter, an iron, & a wood)

Athletic shoes

Campers will be provided with a small backpack on the first day of camp. We will transfer all personal items into these bags at that time. All sports equipment will be locked-up at our facility for the week.

Sun and Heat Safety

For activities that take place outdoors:

1. Campers should come to camp with sunscreen already applied. Camp Staff will supervise re-application throughout the day.
2. Each camper will be provided with a water bottle. Water, Gatorade, and juice will be provided during the course of the camp and regular water breaks will be taken.
3. A hat is highly recommended.
4. On high ozone days or days of extreme heat, the lead instructor will use his/her judgment to determine the length of time spent outside. As a result, camp activities may be adjusted to ensure that all campers remain safe.

Drop-Off

Please be advised that Sunset Ridge Sports Camp cannot assume responsibility for your child until he/she is under the supervision of the lead instructor. Campers may not be left alone at the camp location until the instructor is present. Campers will be allowed to be dropped-off 10 minutes before camp begins. Please be respectful of the instructors' time and do not expect them to take your child any earlier. Very often, they use this time to prepare for the day's activities.

Early drop off location: Aquatic Center @ 215 Kingsport Drive, Holly Springs

Regular drop off location: Sunset Ridge Pavilion @ 5032 Linksland Drive, Holly Springs

Pick-up

All campers need to be picked-up promptly at the end of camp at the designated camp location. Any campers not picked-up within 10 minutes of the conclusion of camp will be charged \$1 per minute. Campers will not be released to wait unsupervised at the front of a building or elsewhere on school property for easy pickup.

Campers will not be released to individuals other than parents or other designated individuals on the registration form without written permission. Please make sure all individuals picking-up your child bring a picture ID with them. Instructors may ask to see ID to be sure they are releasing your child to the correct person.

Half-day pick-up location: Mon. & Wed. @ Aquatic Center @ 215 Kingsport Drive, Holly Springs

Tues., Thurs. & Fri. @ Sunset Ridge Pavilion @ 5032 Linksland Drive, Holly Springs

Full-day pick-up location: Everyday @ Aquatic Center @ 215 Kingsport Drive, Holly Springs

Lunches

Campers staying the full day may bring a bag lunch, or you may elect to have lunch provided for an additional fee. Lunch is prepared by Homegrown Pizza and includes kid-friendly meals like pizza, sandwiches, and chicken tenders.

If you choose to have lunch provided, we require that you register and pay for this service at the time of registration.

- You must choose to buy lunch for the whole week or to bring lunch for the whole week. We will not charge lunch rates on a per day rate.

Snacks

A mid-morning & mid-afternoon snack and drink are provided to all students.

Absences from Camp

If your child is not going to be attending camp on a given day or is going to arrive more than 20 minutes late, please let the lead camp instructor know. If it is the same day, call the Sunset Ridge Pro Shop (919-557-0000) and let us know. We will communicate this information to the instructor so that they can plan accordingly.

Medications

If your child requires an "Epi" pen, Sunset Ridge Sports Camp requires that the "Epi" pen is given to the lead instructor on the first day of camp. It will be returned to you on the last day of camp. If your child requires an inhaler, your child will need to carry it with him or her during the camps.

Handling Emergencies

If you have an emergency that requires you to quickly contact your child, please call the Sunset Ridge Pro Shop (557-0000 ext. 0). The staff will be able to readily locate your child and/or his/her lead instructor in the most expeditious manner.

In the unlikely event that the camp has an emergency, every attempt will be made to contact you on the phone numbers provided on your registration forms.

General Camp Guidelines

1. Campers are expected to abide by the Behavior Expectations; please review the guidelines with your child prior to the start of camp.
2. Campers should not bring expensive items or excessive cash with them to camp. Although campers can bring items with them to use before and after camp (such as a GameBoy), they should be reminded to keep an eye on their belongings if they choose to do so. There are not facilities available to lock-up such items and Sunset Ridge Sports Camp cannot be responsible for any items that are lost or stolen.

Behavior Expectations

One of the primary objectives of the Sunset Ridge Sports Camp staff is to provide a positive and safe environment that allows your child to have a fun and enriching camp experience. In order to provide such an experience, we ask that all staff use praise and positive reinforcement as an effective way of managing the behavior of each camper.

What each Camper should expect from Sunset Ridge Sports Camp Staff:

1. We will speak to you in a respectful manner.
2. We will use appropriate language at all times.
3. We will have a positive attitude.
4. We will never leave any camper unattended.
5. We will maintain a friendly and nurturing atmosphere.
6. We will maintain a safe and age-appropriate environment.

What is expected from each camper:

1. I will show my fellow campers and Sunset Ridge Sports Camp staff respect at all times.
2. I will respect personal, property, equipment, and facilities at camp, both on and off Sunset Ridge premises.
3. I will cooperate fully and will abide by all rules and directions.
4. I will use appropriate language at all times.
5. I will maintain a positive attitude.
6. I will stay in designated areas.

Should a negative behavior issue arise, we will apply the following guidelines:

First Occurrence: A quiet, verbal reprimand.

Second Occurrence: Verbal Warning to Camper and a Phone call to parent or guardian.

Third Occurrence: Written incident report will be given to the parent or guardian.

If the inappropriate behavior continues beyond the written warning, the camper will be asked to leave for the remainder of the camp with no refund of fees already collected.

The Actions taken will be at the discretion of the Sunset Ridge Sports Camp Staff.

Problems brought to your attention should be discussed first with the lead instructor. If you do not believe you have received appropriate resolution, please then direct your issue to the attention of the Sunset Ridge Sports Camp Director.

Refund Policy

1. Cancellations received in writing on or before April 30th will be entitled to a full refund, less a \$25.00 cancellation fee per program.
2. Cancellations received on or after May 1st will only be entitled to a refund (less the applicable cancellation fee) only if the camper's spot can be filled per program.
3. Full/pro-rated refunds will be provided in the event of a verified medical/hardship situation.
4. Cancellations received prior to the start of a program for reasons other than medical or hardship situations will be entitled to a refund (less the applicable cancellation fee per program) only if the camper's spot can be filled.
5. There will be no refunds if cancellation takes place after the program starts or if a camper is temporarily or permanently suspended from a program due to failure to follow program guidelines (see above).

Visit the Sunset Ridge Racquet & Swim Club web site at www.SunsetRidgeClub.com for the latest updates and program registration status.